**November 2022 Newsletter**

Welcome to our monthly newsletter, we have some updates about what has been happening at tide, information about some upcoming events as well as some other opportunities!

New Sessions for our Carer Development Programme

Don't miss our last few sessions of the year for our Carer Development programme. Register now!

Join us for...

Setting Up A Peer Support Group on 1st December 2022 (https://www.tide.uk.net/setting-up-a-peer-support-group1/)

Sharing Your Lived Experience on 6th and 13th December 2022 (https://www.tide.uk.net/sharing-your-lived-experience1/)

Getting Your Point Across on 12th January 2023 (https://www.tide.uk.net/getting-your-point-across-ask-negotiate-advocate12/)

Influencing and Making a Difference on 17th January 2023 (https://www.tide.uk.net/influencing-and-making-a-difference-heres-how1/)

For more information on each session please follow the links provided above. Alternatively, you can find any CDP session on our events page (https://www.tide.uk.net/events/) and clicking the Carer Development Programme button!

\*\* CPD Training for Dementia Professionals

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tide is offering two bespoke carer-led and co-produced training programmes. Focusing on strategies for dealing with Distressed Behaviours and best practice approaches of Life Story Work for Health & Social Care Professionals.

Each course is co-delivered by tide's training team with long-established careers in dementia services and carers of people living with dementia who have lived experience. Throughout the course material, you will be able to draw on professional experience, speak with carers directly, and will be provided with a resource pack of provisions to support you in your role.

For further information, dates and to book please follow the link provided below.

Find out more (https://www.tide.uk.net/do-you-care-for-people-with-dementia-as-part-of-your-professional-role1/)

\*\* Read our blog piece about our Together for Carers event in Anglesey!

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We hosted a networking event for carers in North Wales in collaboration with Virginia Crosbie MP! We were so grateful for this opportunity to bring carers together and allow them the space to talk freely about their experiences and concerns. One carer told us, "I felt as though a prison door had been opened and I was given a glimpse of an albeit different, route to freedom".

You can read all about it on our website.

Blog (https://www.tide.uk.net/we-held-a-together-for-carers-event-in-north-wales/)

\*\* My Home Matters

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Join the HAPPI Hour Webinar with Housing LIN!

We will be presenting our new booklet on housing and dementia. The booklet is designed to help older people think about what matters to them in relation to home and plan ahead for a potential move. It is aimed particularly at people with dementia who often find that others make decisions for them at key points of transition, but it is appropriate for anyone to use.

WHEN?

6th December 4PM - 5.15PM

Book Now (https://www.housinglin.org.uk/Events/HAPPI-Hour-My-home-matters-living-with-dementia-are-we-ready/)

\*\* Check out these events...

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Don't miss the DEEP festival! They have organised 21 events and webinars across December around dementia awareness, support and activism. You can see dates and details on their website. (https://anniversary.dementiavoices.org.uk/resource/event-number-18-the-deep-virtual-festival-5-9th-december-2022/)

Theatre Re's play called 'The Nature of Forgetting' is a powerful piece about a man living with young onset dementia. They have released tour dates for the new year including some post-show talks.Please see their newsletter for details. (https://mailchi.mp/210632c372ac/thenatureofforgettinguktour2023-9209717?e=a8ed45f14c)

Donate (https://tide.enthuse.com/cf/tides-urgent-appeal-what-if)

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https://www.twitter.com/tide\_carers/

http://www.tide.uk.net

https://www.facebook.com/groups/tidecarerssupport

https://www.linkedin.com/company/tide-together-in-dementia-everyday

mailto:carers@tide.uk.net

https://www.instagram.com/tidecarers/

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